

SHINING STARS BREAKFAST

NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CEREAL,VARIETY YOGURT BANANAS MILK,1% Lowfat MILK,Skim	2 BAGELS CREAM CHEESE MIXED FRUIT CUP PEARS MILK,1% Lowfat MILK,Skim	3 PARFAIT W/YOGURT, FRUIT & GRAN PLUMS,FRESH MILK,1% Lowfat MILK,Skim
6 OATMEAL w/DRIED RAISINS PEARS MILK,1% Lowfat MILK,Skim	7 BANANA MUFFINS PLUMS,FRESH 100% ORANGE JUICE MILK,1% Lowfat MILK,Skim	8 TURKEY SAUSAGE W.G. ROLL ORANGES APPLESAUCE MILK,1% Lowfat MILK,Skim	9 Egg Tartlets W.G. ROLL MIXED FRUIT CUP APPLES MILK,1% Lowfat MILK,Skim	10 CEREAL,VARIETY YOGURT BANANAS MOZZARELLA CHEESE STICK MILK,1% Lowfat MILK,Skim
13 CHEESY GRITS MIXED FRUIT CUP BREAKFAST CARROTS MILK,1% Lowfat MILK,Skim	14 EGG & CHEESE SANDWICH APPLES 100% ORANGE JUICE MILK,1% Lowfat MILK,Skim	15 CEREAL,VARIETY YOGURT BANANAS MILK,1% Lowfat MILK,Skim	16 PUMPKIN MUFFINS PLUMS,FRESH PEARS MILK,1% Lowfat MILK,Skim	17 PARFAIT W/YOGURT, FRUIT & GRAN TANGERINES MILK,1% Lowfat MILK,Skim
20 NO SCHOOL TODAY	21 NO SCHOOL TODAY	22 NO SCHOOL TODAY	23 NO SCHOOL TODAY	24 NO SCHOOL TODAY
27 OATMEAL w/DRIED RAISINS MIXED FRUIT CUP MILK,1% Lowfat MILK,Skim	28 COFFEE CAKE MUFFINS APPLES 100% ORANGE JUICE MILK,1% Lowfat MILK,Skim	29 CEREAL,VARIETY YOGURT BANANAS HARD BOILED EGG MILK,1% Lowfat MILK,Skim	30 Egg Tartlets W.G. ROLL MIXED FRUIT CUP PEACHES,FRESH MILK,1% Lowfat MILK,Skim	

Menu Subject to Change.